

Stand Up Foundation
presents

HEALTHY *highs*

A DRUG & ALCOHOL PREVENTION CONFERENCE

ABOUT THE HEALTHY HIGHS CONFERENCE

The *Healthy Highs* Conference will educate young people and their families about the realities of alcohol, tobacco and other drugs. Topics have been chosen by local teens to ensure the content is relevant to families today. The goal is for each participant to leave the conference more informed in order to make smarter choices in their lives regarding alcohol and other drugs.

STUDENT CONFERENCE TOPICS:

- *Concert, Clubs & Party Scenes (Drugs like Ecstasy, Molly, MDMA)*
- *When Alcohol & Other Drugs Become a Problem & How to Help a Friend*
- *The College Scene: Perception vs. Reality*
- *Marijuana: How Harmless is it?*
- *Relationships & Substances: The Family Disease*

Parents and other adults are invited to participate in special breakout sessions geared toward supporting youth in their decisions regarding alcohol and drugs.

The *Healthy Highs* Conference is open to all middle and high school students, parents, and adults; offering everyone the tools to create positive change in our community. It will serve as a platform to promote social and emotional health regarding choices involving drugs and alcohol. This is a great opportunity for students who care about these topics, are seeking community service hours and would like to build their college résumés.

Be sure to make time for shopping during lunch and after the conference!
Local boutiques will be donating a portion of all sales to Stand UP Foundation!

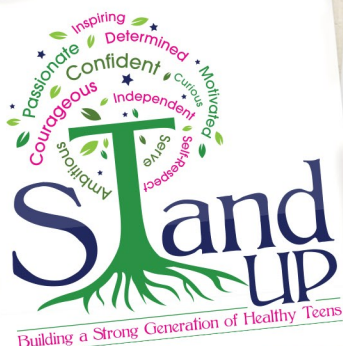
SUNDAY
OCTOBER 4

10 a.m. - **2** p.m.

PRICE IS **\$20** IN ADVANCE
AND **\$30** AT THE DOOR

Price includes lunch
**A family/group rate is available*

Many thanks to our sponsors



Hosted at Oxbridge Academy of the Palm Beaches • Visit www.WomenMakingWavesFL.org to Register